## The Great Pumpkin Meet Short Course Season Opener Huntersville Community Center Huntersville, North Carolina 28070 October 29 and 30, 2022 Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction #NC22152

MEET DIRECTOR	MEET ENTRY COORDINATOR
Greg Armstrong	Trey Taylor
704.678.1562	704.860.3731
ggswimcoach@aol.com	ggmeetentries@gmail.com
MEET REFEREE	MEET MARSHAL
MEET REFEREE Jim Riggs	MEET MARSHAL Barbara Franklin
	-

- **CONDITION OF SANCTION** As a condition of this sanction, Gaston Gators agree to comply and to enforce all COVID 19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, North Carolina Swimming, the State of North Carolina, local jurisdictions, and the Gaston Gators Meet Plan detailed below. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID 19 sanctioning period.
- ASSUMPTION OF RISK DISCLAIMER The Gaston Gators have taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID-19.
- **COVID-19** An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

### **GASTON GATORS COVID-19 MEET PLAN**

NCS FACE COVERING STATEMENT	NCS recommends the proper use of face coverings at all NCS activities and expects all participants, coaches, officials, volunteers, and spectators to comply with all club and facility specific COVID-19 safety requirements and guidelines from USA Swimming, North Carolina Swimming, the State of North Carolina, and local jurisdictions.
FACILITY and HOST TEAM REQUIREMENTS	GG has discussed specific health and safety procedures with the venue management. At this time, the facility and GG have no additional requirements. Compliance with the most current guidelines from USA Swimming, North Carolina Swimming, CDC, State and Local jurisdictions will be maintained throughout the duration of the meet.
	Please note that information in this document may be modified to meet current facility, local, state, and federal COVID-19 protocols, including capacity limits, event postponement or cancellation.
SPECTATOR LIMITATIONS and PROTOCOLS	Meet host will limit entries to 250 swimmers per session. BRSL league members will be given priority to first entries.
TROTOCOLS	
	<b>Warm-Ups:</b> Warm-up and cool-down lanes will be available in the lanes adjacent to the competition pool during the meet, to be supervised by Coaches or Volunteer assigned for monitoring.
LOCKER ROOMS/	Athletes and non-athletes will have separate locker room/restrooms.
CHANGING	
ENTRY & EXIT PROCEDURES and	HFFA entrance will be located in the front of the building though the front entrance doors. Entering the pool deck using the 50m doors to the left of the front desk. HFFA exit from the building will be through the front doors of the facility.
ENTRY & EXIT PROCEDURES	doors. Entering the pool deck using the 50m doors to the left of the front desk. HFFA
ENTRY & EXIT PROCEDURES and ATHLETE	doors. Entering the pool deck using the 50m doors to the left of the front desk. HFFA exit from the building will be through the front doors of the facility. Team will be assigned an area. Team members should remain in their team area.
ENTRY & EXIT PROCEDURES and ATHLETE	<ul><li>doors. Entering the pool deck using the 50m doors to the left of the front desk. HFFA exit from the building will be through the front doors of the facility.</li><li>Team will be assigned an area. Team members should remain in their team area. Athletes should sit with their team. Team areas will be marked by host team.</li><li>Each team should assign a coach or volunteer to manage their swimmers in the</li></ul>

brought to the meet, please keep all walk areas open for access by swimmers, other spectators, officials, etc. Please keep all food and beverages off the pool deck.

Deck changing is prohibited per USA Swimming Rules

**MEET FORMAT** Age Group open meet. Blue Ridge Swim League teams will be given priority entries. The meet will be limited to 500 participants. The meet will be conducted in a timed-final format and all events will be pre-seeded. Age Group 8 and under, 10 and under, 11-12, 13-14, and Senior.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	7:30am	8:30am	8 and under, 10 and under, 11-12
2	Saturday	not before noon	not before 1 PM	13/14 and senior
3	Sunday	8:00am	9:00am	10 and under, 11-12
4	Sunday	not before noon	not before 1 PM	13/14 and senior

#### **DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Wednesday, October 19	6:00 PM	Entry deadline
TBA via Zoom	TBA via Zoom	Official Briefings
Friday, October 28	7:00 PM via Zoom	Coaches/General Meeting
Saturday, October 29	8:15 AM	Timer Briefing

RULES This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. **TECHNICAL SUIT** Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in BAN for 12&Us Technical Suits at this meet. A Technical Suit is one that has the following components: Any male or female suit with bonded or taped seams regardless of fabric or silhouette: or Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type. All applicable adults participating in or associated with the meet acknowledge that MAAPP they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. SAFE SPORT The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warmup sessions and locker rooms in addition to host team marshal. NCS COVID 19 Meet Announcement Template, August 16, 2020 Page 3 of 9

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet who is unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer's guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer's team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

**ELIGIBILITY** All swimmers must be registered with North Carolina Swimming and USA Swimming, Inc. All Adult Athletes must hold current APT certification to compete. Swimmers must be registered prior to the entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.

MEMBERS WITH<br/>DISABILITIES OR<br/>MEDICAL<br/>CONDITIONSThe Gaston Gators welcome all swimmers with disabilities as described in the USA<br/>Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches<br/>entering swimmers with disabilities that require any accommodations are required to<br/>provide advance notice in writing to the Meet Director by the entry deadline<br/>accompanying their meet entry file, including the need for any personal assistants<br/>required and/or registered service animals.

**ENTRIES** Submit entries on enclosed entry forms and summary sheets via email to: <u>ggmeetentries@gmail.com</u> or on disk in Hy-Tek format with summary sheet, if possible. List swimmers' ages as of October 29, 2022. The North Carolina Swimming registration chair will check USA Swimming registration at least 7 days prior to the start of the meet. Only properly completed entry forms with payments on all fees will be accepted. A swimmer's age on the first day of the meet will determine their age for the entire meet. The Meet Director reserves the right to adjust warm up times and sessions if numbers warrant such moves.

# ENTRYA swimmer may enter 5 events each day. 500 Free swimmers must provide a<br/>counter.

# **ENTRY** An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES** All entries (properly completed forms and fees) must be received by **Wednesday**, **October 19, 2022**. Late entries may be accepted at the discretion of the Meet Director. Late entries will be charged double entry fees and possibly may not be seeded.

### ENTRY FEES

Make checks payable to: GASTON GATORS All fees are non-refundable - Mail checks to: Gaston Gators			
	PO Box 550011		
	Gastonia, NC 28055-0011		
Individual Event	\$6.00 FOR EACH EVENT FOR ALL AGES		
Relays	\$12.00 per team entered		
NCS Travel Fund	\$3.00 PER SWIMMER		
Facility Surcharge	\$15.00 PER SWIMMER POOL USE FEE plus \$3.00 per		
	swimmer parking fee plus \$2.00 per swimmer electronic		
	heat sheet fee		
Late Entry Fee	DOUBLE THE INDIVIDUAL ENTRY FEES		

- **SEEDING** The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order
- **CHECK-IN** All events will be pre-seeded and there will be no positive check-in.
- **SCRATCHES** There will be no penalty for scratching pre-seeded events at the block.
- **SCORING** This meet will be scored through sixteen places. Team scores will be sent with results.
- **AWARDS** Ribbons through eighth place.
- **RESULTS** Results will be sent to attending teams within 24 hours of the conclusion of the meet.
- **COACHES** All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.
- **OFFICIALS/TIMERS/ VOLUNTEERS** There will be a need for officials. Gaston Gator Swim Team welcomes and encourages anyone willing to volunteer. Volunteering Officials **MUST**\_contact the Meet Referee by email **prior to the meet.** All officials on deck must be registered and certified with USA Swimming. Certification will be verified by Meet Referee the day before the meet / session. There will be no officials meeting at the meet, and assignments will be communicated electronically prior to each session. A virtual meeting may be held prior to the meet / session at the referee's discretion, and all assigned officials are strongly encouraged to complete and individual personal review of applicable USAS rules for their assigned position prior to the meet. Officials should report to their assigned position 10 minutes before session start, and bring a mask, your personal water bottle, a writing utensil, and a headset (if applicable).
- **HOSPITALITY/** Drinks and pre-packaged snacks will be provided for coaches and officials. No concessions will be available.

WARM-UP In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

- WAIVER/RELEASE As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. The Gaston Gators, Huntersville Community Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.
- IMAGE<br/>RELEASEAll participants agree to be filmed and photographed by the host club approved<br/>photographer(s) and videographers and to allow the right to use names and pictures<br/>before, during, or after the meet such as in public psych sheets, heat sheets, and<br/>results or featured on the host club or NCS website or social media or in public<br/>broadcast of the event via television or webcast. Parents and guardians of minor<br/>swimmers who do not wish their swimmers to participate in interviews or have<br/>individual pictures featured on any media should inform their team's head coach and<br/>the Meet Director prior to the meet.

## **ORDER OF EVENTS**

### Session 1: Saturday Warm-up: 7:30 AM; Meet Start: 8:30 AM 8 and under, 10 and under, 11-12

Girls/Women	Event	Boys/Men
1	8 and under 100 free relay	2
3	10 and under 200 free relay	4
5	11-12 200 free relay	6
7	8 and under 25 free	8
9	10 & U 50 free	10
11	11-12 50 free	12
13	8 and under 25 back	14
15	10 and under 100 back	16
17	11-12 100 back	18
19	8 and under 25 breast	20
21	10 & U 50 breast	22
23	11-12 50 breast	24
25	8 and under 25 fly	26
27	10 and under 100 fly	28
29	11-12 100 fly	30
31	8 and under 100 medley relay	32
33	10 and under 100 IM	34
35	11-12 100 IM	36

# Session 2: Saturday

# Warm-up: not before noon; Meet Start: not before 1 PM 13/14: Senior

Girls/Women	Event	Boys/Men
37	13/14 200 free relay	38
39	Senior 200 free relay	40
41	13/14 200 fly	42
43	senior 200 fly	44
45	13-14 50 free	46
47	senior 50 free	48
49	13-14 100 back	50
51	senior 100 back	52
53	13/14 200 free	54
55	Senior 200 free	56
57	13/14 100 IM	58
59	Senior 100 IM	60
61	13-14 200 breast	62
63	senior 200 breast	64
65	open 400 IM	66

### Session 3: Sunday Warm-up: 8:00 ASM; Meet Start: 9:00 AM 10 and under, 11-12

Girls/Women	Event	Boys/Men
67	10 and under 200 medley relay	68
69	11-12 200 medley relay	70
71	10 and under 100 free	72
73	11-12 100 free	74
75	10 and under 50 back	76
77	11-12 50 back	78
79	10 and under 200 IM	80
81	11-12 200 IM	82
83	10 and under 100 breast	84
85	11-12 100 breast	86
87	10 and under 50 fly	88
89	11-12 50 fly	90
91	11-12 200 free	92

### Session 4: Sunday Warm-up: not before noon; Meet Start: not before 1 PM 13-14, Seniors

Girls/Women	Event	Boys/Men
93	13-14 200 medley relay	94
95	senior 200 medley relay	96
97	13-14 100 free	98
99	senior 100 free	100
101	13-14 100 breast	102
103	senior 100 breast	104
105	13-14 200 IM	106
107	senior 200 IM	108
109	13-14 100 fly	110
111	senior 100 fly	112
113	13-14 200 back	114
115	senior 200 back	116
117	open 500 free	118

#### The Great Pumpkin Meet Short Course Season Opener

### Huntersville, North Carolina

### October 29 and 30, 2022

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total	Cost per	Total
	Number		
Individual Entries		\$6.00 per event	
Relay Entries		\$12.00 per team	
Travel Fund & Facility Surcharge		\$18.00 per swimmer	
Parking & Heat Sheets		\$5.00 per swimmer	
Total Fees Due			

### Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. The Gaston Gators, Huntersville Community Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE	(Coach	or Club	Representative	e)
-----------	--------	---------	----------------	----

TITLE

# DATE

#### PLEASE MAKE CHECKS PAYABLE TO: Gaston Gators

MAIL ENTRIES TO: Greg Armstrong C/O Gaston Gators PO Box 550011 Gastonia, NC 28055 or e-mail to: ggmeetentries@gmail.com

ENTRY DEADLINE: Must be received by 6:00 PM, Wednesday, Oct.19, 2022. THIS FORM MUST BE FILLED OUT COMPLETELY

CLUB